

**Enriching Me and My Reiki Community
First Annual Conference
Sunday May 3, 2015
Strathmere, North Gower
Agenda**

This is going to be an AMAZING day!

Your Hosts:

Denise Carpenter:

Denise is a Usui Reiki Master/Teacher with a practice in Ottawa and Perth. Denise began her training in 1996. The principles of "Energy of Engagement" and "Everyone is your Teacher" impacted her life so dramatically, that her Reiki quest began. She studied to become a Reiki Master/Teacher and reached her dream in 1999. Today, her practice is full time. She has clinic space in Ottawa and Perth. In addition to Reiki Associates, Denise owns the "Lotus Wings Centre" in Perth. This is a Wellness Centre featuring the practices of nine dedicated entrepreneurs (including Denise) who come together to empower each other professionally while delivering their "Best Practice" to their clients. Denise is a member of Canadian Federation of University Women, The International Federation of Reiki and Alternative Medicine, The Canadian Reiki Association, The Perth Chamber of Commerce and the Worldwide Whos Who for Entrepreneurs.



Brenda Pichette:

Brenda's Reiki journey has just begun! She took her Level 1 just a few years ago and has just completed her Usui Master Practitioner.

Brenda owns her own consulting business, P2 Facilitators that offers expertise in group facilitation. Brenda is passionate about planning and designing the best possible process to bring groups together to achieve their desired objectives. Planning an effective engagement strategy is Brenda's specialty.



Our Goals for today:

- To offer all participants a day to enrich themselves.
- Increase your knowledge and understanding of Reiki and to gain new insights to incorporate Reiki into our world.
- To gather and network with over 100 people who are curious about, and honor ENERGY.

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Item	Time	Topic		
1.	8:30 – 9:00	Registration		
2.	9:00 – 9:15	Welcome Centering Meditation Let's take 5 minutes and become totally present here, just for today!		
3.	9:15 - 10:15	Reiki and Palliative Care Myriam LaVoie Myriam has more than 30 years experience in Hospice Palliative Care as a Registered Nurse and Manager of Volunteer Services. She has been a Reiki teacher and practitioner for more than 20 years. She is also a Therapeutic Touch practitioner and Reflexologist.  <p>She has contributed her expertise in developing and integrating Complementary Therapies in the Palliative Care program at Bruyère Continuing Care. Myriam is volunteering at Hospice Care Ottawa as the Coordinator of the Complementary Therapies Program.</p>		
4.	10:15 - 10:30	Nutrition Break Enjoy the Marketplace		
5.	10:30 – 11:30	Choose one of the following: <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>Stream A</p>  <p>Reiki and Crystals Dr. Deborah K. Grose D.D, C.HT Deborah has been a Crystal Teacher/Facilitator for the past 14 years, with her journey beginning in the Spiritualist community of Lilydale, N.Y. Deborah is also an accredited Grief Counselor, Phycho-Linguistics Specialist, Certified Hypnotherapist & Past Life Regression Specialist. In addition Deborah is a Quantum Touch Practitioner, Reiki Master/Teacher ~ in Traditional, Intuitive & Tera Mei as well as incorporating Colour & Sound in her practice.</p> </td> <td style="width: 50%; vertical-align: top;"> <p>Stream B</p>  <p>Reiki and Animals Dr. Elaine Vanier D.V.M. Elaine received training in Usui Reiki in Ottawa in 2002 – 2003 (1st to 3rd degree) and has been treating human clients since 2003. Elaine received her Doctorate in Veterinary Medicine in 1988 from the Western College of Veterinary Medicine. After becoming immersed in Reiki, she decided to combine her veterinary expertise and Reiki. Elaine has been teaching Reiki since 2005 and includes specific considerations for treating animals.</p> </td> </tr> </table>	<p>Stream A</p>  <p>Reiki and Crystals Dr. Deborah K. Grose D.D, C.HT Deborah has been a Crystal Teacher/Facilitator for the past 14 years, with her journey beginning in the Spiritualist community of Lilydale, N.Y. Deborah is also an accredited Grief Counselor, Phycho-Linguistics Specialist, Certified Hypnotherapist & Past Life Regression Specialist. In addition Deborah is a Quantum Touch Practitioner, Reiki Master/Teacher ~ in Traditional, Intuitive & Tera Mei as well as incorporating Colour & Sound in her practice.</p>	<p>Stream B</p>  <p>Reiki and Animals Dr. Elaine Vanier D.V.M. Elaine received training in Usui Reiki in Ottawa in 2002 – 2003 (1st to 3rd degree) and has been treating human clients since 2003. Elaine received her Doctorate in Veterinary Medicine in 1988 from the Western College of Veterinary Medicine. After becoming immersed in Reiki, she decided to combine her veterinary expertise and Reiki. Elaine has been teaching Reiki since 2005 and includes specific considerations for treating animals.</p>
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6.	11:30 – 12:30	Choose one of the following:
<p>Stream A</p> <p>Reiki and Angels Diane Lanthier Diane is a Usui-Tibetan Reiki Master, Karuna Reiki® Master, certified Angel Therapy Practitioner®, Emotional Freedom Techniques (EFT) practitioner, Regression Works™ practitioner and family constellation facilitator. Diane is always working with the angels, both personally and professionally, and has been using energy work for over ten years to help her clients align and empower themselves with their life's purpose and mission.</p>		<p>Stream B</p> <p>Reiki and Children Stephanie Forgues Stephanie is an Intuitive Reiki Master, Reflexologist, and empowerment coach with a passion for guiding people to live their happy healthy authentic life. Stephanie has been teaching children how to use Reiki to empower their own lives, providing them with the tools of emotional awareness, Reiki as a self healing technique, the value of setting themselves free of blockages with self love, forgiveness, compassion and gratitude, and how to stand in their power.</p>
		 
7.	12:30 – 2:00	Lunch Enjoy the Marketplace
8.	2:00 – 2:45	World Café Brenda Pichette Building our Community and our Practice In small group conversations we will explore key questions about building our network here in the Eastern Ontario Region. How can we help and support each other and the growth of Reiki Practices in our communities.
9.	2:45 – 3:45	Reiki and PTSD Kathy Glover Scott M.S.W. Kathy is a gifted Master-Teacher, Healer, registered Psychotherapist, Author and Speaker with many credentials and thirty years' experience in being of service to others. She is the Director of Reiki Ottawa. One of her specialities is treating Post Traumatic Stress (PTSD) with a therapeutic approach combined with advanced energy practices, including Reiki and Matrix Energetics.
		
10.	3:45 – 4:00	Nutrition Break Enjoy the Marketplace
11.	4:00 – 4:45	Group Reiki Treatment Denise Carpenter and Brenda Pichette
12.	4:45 – 5:00	Closing Remarks Denise Carpenter and Brenda Pichette Evaluation See you next year!